



Articles by freelance journalist J. Mina Rios | 2007 to present

Made Local Magazine

Celebrating everything local 5x/year | Publisher Janeen Murray | Articles by Mina Rios | 2022 - present

- [Holiday Green for Your Highness](#) Sustainable Cannabis
- [Major Play](#) Local Baseball

North Bay Bohemian

Alternative news weekly | Publisher Dan Pulcrano, San Jose | Articles by J Mina Rios | 2013-present

- [A Golden Affair](#): Marin Ballet Turns 50
- [Artist Sanctuary](#) - Marin Headlands Center for the Arts
- Restaurant Review: [The Hummingbird Cafe](#), Fairfax, Marin County
- [Delicious Dish](#): Peter Lowell's, Rocker Oysterfeller's, the Spinster Sisters; North Bay
- [Palooza Gastropub Grows](#), Sonoma

Pacific Sun

Alternative news weekly | Publisher Dan Pulcrano, San Jose | 2015 - present

- Cover Story: [Cultural Treasure](#) - San Rafael Arts District
- Cover Story: [The Marin Wine Trail](#) (Pey Vineyards, Heidrun Meadery)
- [Stage on Screen](#)
- [Refined Lines](#): Dominican University - Lines Ballet BFA Program
- Restaurant Review: [Whipper Snapper](#)

Sonoma Magazine

Bi-monthly lifestyle magazine | Publisher Sonoma Media Investments | Article by Mina Rios | 2018

- [Sonoma County Comedy Scene](#)

In Dance

Dancers' Group, San Francisco | Formerly in print, now digital only | Articles by Mina Rios | 2018-2020

- [A SOTA Love Letter](#)
- [Kathak's Rhythmic Journey of Emotion](#)
- [San Francisco Swing Scene](#)
- [Awa Odori Dance - Awakko Ren](#)
- [Zaccho Dance Theater Aerial Arts Festival](#)
- [Find Time and Space with Residency Programs](#)

The San Diego Reader

Alternative news weekly | Article by Mina Rios | 2015

- [How Comic-Con Spectators Combat Hotel Wars. The Overnight Game of Woes](#)
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MinaCommUnity Column

Climate News

- December 2023: [Simplifying the Impossible. A Climate News Source and Initiative.](#)
 - April 2024: [The MinaCommUnity Backstory](#)
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MiNAPRESS Advocate

Arts / Culture / Climate eNewsletter

- April 2023: [Issue 1](#)
 - August 2025: Coming soon
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Climate Reality Project - Bay Area Chapter blog

Climate content contributions by Mina Rios

- October 2022: [Water Wise Incentives](#)
 - Everyday Climate Champions Podcast Recaps
 - March 2023: Episode 1: [Adapting to Droughts During the Climate Crisis](#)
 - May 2023: Episode 2: [People Powered Solar as a Climate Justice Solution](#)
 - May 2023: Episode 3: [Art as Climate Activism](#)
 - June 2023: Episode 4: [Electrification - A Climate Solution with Built-in Public Health Benefit](#)
 - June 2023: Episode 5: [Youth Taking Climate Action in Silicon Valley](#)
 - June 2023: Episode 6: [Giving Eco-friendly Gifts](#)
 - July 2023: Episode 7: [Innovation and Equity in the Climate Movement](#)
 - August 2023: Episode 8: [Climate Conversations with Kids and Adults](#)
 - August 2023: Episode 9: [The Black Church's Inspiring Work in Environmental Justice](#)
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MiNAPress Column

Arts & Culture News by Mina Rios

- November 2023: [Connection Through Music](#)
- August 2023: [Underworld Music Overview, Review, and Retrospective](#)
- May 2022: [A Story Supplement](#) to the article Major Play in Made Local Magazine
- February 2022: Napa Valley Wine News: [Three Additions to the Jean-Charles Boisset Collection](#)
- February 2020: [Renowned Kathak Artist Farah Yasmeen Shaikh performs The Forgotten Empress](#)
- June 2019: [Where to Train. U.S.? or U.K.? An Actor's Dilemma.](#)
- December 2017: [Popcorn and Ballet. Tutu Good to Miss.](#)
- April 2017: [The Bay Area on the Move. Let's Dance.](#)
- February 2017: [On with the Show. The Column Resumes.](#)
- March 2016: [MinaComm Pressing-on in 2016](#)
- July 2015: Dance in Cinema. Mina Recommends: ["First Position" Part II](#)
- May 2015: Dance in Cinema. Mina Recommends: ["First Position" Part I](#)
- March 2015: [Bolshoi Live on Stage and On Screen](#)
- March 2015: [Bolshoi Ballet: Through the Years](#)
- January 2015: [Flavors That Dance with Chef Patricia Williams](#)
- December 2014: [Kitchen Choreography](#) featuring Chef Michelle Bernstein of Mishi's

- October 2014: From the Archives: [The San Diego Film Scene](#)
 - September 2014: [A Diamond in the Vines](#)
 - July 2014: [Mina's Round Table After the Con](#)
 - June 2014: [The Woes of Crowdfunding](#)
 - May 2014: [Your Ticket to the Producers Circle](#)
 - May 2014: [A True-ly Blue Jerusalem Love Story](#)
 - May 2014: From the SD News Desk: "[Petals in the Wind](#)"
 - March 2014: [The Print Apocalypse](#)
 - June 2011: [Luscious Noise - June 26, 2011](#)
 - March 2010: [More Luscious Noise - March 14, 2010](#)
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Dance Life

Discount Dance Supply (DDS) blog page / Articles by Mina Rios / 2013-2014

- Transcendence Dance Theater, Part I and II
 - Dance in Cinema
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Dance For You Magazine

Dance trade magazine / Bavaria, Germany / Article by Mina Rios / 2012

- The Philanthropy Dance (reprinted with permission from publisher of Exploredance.com)
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Dance International Magazine

Dance trade magazine / Vancouver, Canada / Performance reviews by Mina Rios / 2011

- Review: Complexions Contemporary Ballet, North Park Theater, San Diego
 - Review: The Danish Royal Ballet, Segerstrom Auditorium, Orange County
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ExploreDance.com

Online dance magazine / Publisher Robert Abrams, New York / Articles by J Mina Rios / 2011

- The Philanthropy Dance
 - Celebrate Dance Festival
 - The Art of Conducting
 - San Francisco Ethnic Dance Festival
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The Espresso

A Coffeehouse newspaper / Publisher John Rippo, San Diego / Article by J Mina Rios / 2011

- San Diego Indie Fest
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Table Agent

Online restaurant hospitality service / Publisher Jan Rodin, San Diego / Formerly SanDiegoRestaurants.com, SanFranciscoRestaurants.com, LasVegasRestaurants.com, and PhiladelphiaRestaurants.com

Articles and restaurant reviews by J Mina Rios / 2009-2010

- Review: [The Palm](#), San Diego
- Review: [Foreign Cinema](#), San Francisco
- [The Designer Burger](#)

- [The City's Great Master Chefs](#) featuring interviews with Chef Hubert Keller, Nancy Oaks, and Gary Danko; plus a profile of Chef Thomas Keller
 - [Supper Clubs - A Surviving Phenomenon](#), The Rainbow Room NYC, Anthology in San Diego (now Music Box music venue)
 - [Philly Plays Spin the Bottle](#)
 - Eating Well. Spending Less.
 - [San Francisco's Culinary History, Part 1-12](#)
 - Part 2: Iconic Foods of SF: Boudin Bakery, Crab Louie, Ghirardelli Chocolate
 - Part 3: Culinary Institutions: The Tadich Grille, May's, Fior d'Italia, Sears Fine Food
 - Part 4: Fisherman's Wharf: Castagnola's, Alioto's, Sabella & La Torre, Tarantino's, Scoma's
 - Part 5: North Beach: Molinari & Sons, Liguria Bakery, Original Joe's, Vanessi's, Caffè Trieste
 - Part 6: The Mission: La Palma, La Victoria Panaderia, La Cumbre Taqueria, El Faro
 - Part 7: Nostalgia
 - Part 8: The Creme de la Creme
 - Part 9: Asian Influence
 - Part 10: The Veggie Scene
 - Part 11: Ice Cream Goodness
 - Part 12: Food Forward
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San Diego Performer Magazine

Monthly arts trade magazine / Publisher Melanie Dellas, San Diego / Articles by J Mina Rios / 2009

- Prelude to the Opera
 - Big Time Operator - Making It Big Time, featuring bandleader Warren Lovell
 - The Art of Ballet Conducting, featuring San Diego Symphony violinist John Stubbs
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Dance San Diego Magazine

Monthly dance trade magazine / Publisher Melanie Dellas, San Diego / Articles/Columns by J Mina Rios / 2008-2009

- Column: Fundraising 4 the Arts
 - San Diego Swing Dance Scene - Part I - Featuring 2toGrove and 2PlySwing
 - San Diego Swing Dance Scene - Part II - featuring Meeshi Sumayo and Emily Belt
 - Making Dancers, Part I and II featuring Kiril Kulish and Maxim Tchernychev
 - Celebrate Dance Festival
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Dance.com

Associated with Dancer Magazine / Publisher Owen Goldman / Performance review by J Mina Rios / 2010

- Review: State Street Ballet's The Jungle Book, choreographed by Artistic Director, Rodney Gustufson
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Dancer Magazine

Monthly trade magazine / Publisher Owen Goldman, Miami, FL and New York, NY / Articles and performance reviews by J Mina Rios / 2007-2009

- Culture Shock Dance Troupe
- Seeking a Healthy Dance Community, Part I and II
- Infants and Toddlers in Motion

- San Francisco Ethnic Dance Festival REVIEW: Dances of the World Exposed
- The Embodiment of A Legend
- Destined to Dance
- Eveoke Dance Theater
- Dance Place San Diego: Where Dance Happens

More article links coming soon.

Portfolio/Profiles | Social Media

MuckRack

J Mina Rios portfolio: <https://muckrack.com/j-mina-rios>

LinkedIn

J Mina Rios profile/portfolio | 1100+ followers

<https://www.linkedin.com/in/jasminerios/>

Facebook

Mina Rios, freelance journalist and consultant: <https://www.facebook.com/JMinaRios/>

Mina Communications: <https://www.facebook.com/MiNACommBiz>

Instagram

Mina Rios, freelance journalist and consultant: <https://www.instagram.com/jminarios/>

Mina Communications: <https://www.instagram.com/4minacomm/>

YouTube

J Mina/Mina Communications: <https://www.youtube.com/@JMinaComm>

Pinterest

Mina Communications: <https://www.pinterest.com/MinaComm/>

MinaCommunications.org